

PROFESSIONAL CERTIFICATE IN FOOD & NUTRITION COACHING

Duration: 2 Terms
Commences: Intake in March, June & September
Delivery Mode: On-Campus and Distance Learning

Study Plan

	Study Period 1	Study Period 2
Year 1	<ul style="list-style-type: none"> • Introduction to Nutrition • The Psychology of Food • Wellness Coaching Skills 	<ul style="list-style-type: none"> • Food as Medicine • Weight Management Strategies • The Successful Wellness Coach

- New students select subjects from Study Period 1
- Choose one class option for each separate unit of study as guided by the study plan above, i.e, you only need to pick one Introduction to Nutrition class option

Food as Medicine		\$525 (Incl. GST)
Wednesday NUT002WED	6.00pm - 9.30pm 17 Apr - 29 May	6 weeks
OR		
Friday NUT002FRI	10.00am - 2.00pm 3 May - 31 May	5 weeks
OR		
Distance NUT002DL		10 weeks 4 Mar - 19 May

Introduction to Nutrition		\$495 (Incl. GST)
Wednesday NUT001WED	6.00pm - 9.30pm 6 Mar - 10 Apr	6 weeks
OR		
Friday NUT001FRI	10.00am - 2.00pm 8 Mar - 5 Apr	5 weeks
OR		
Distance NUT001DL		10 weeks 4 Mar - 19 May

Psychology Of Food		\$125 (Incl. GST)
Sunday NUT027SUN	10.00am - 2.00pm 5 - May	Workshop
OR		
Distance NUT027DL		4 weeks 6 May - 2 Jun

The Successful Wellness Coach		\$540 (Incl. GST)
Saturday WEL001SAT	9.30am - 12.30pm 23 Mar, 6 Apr, 4 & 18 May	Intensive
OR		
Distance WEL001DL		12 weeks 4 Mar - 2 Jun

Weight Management Strategies		\$365 (Incl. GST)
Friday NUT023FRI	2.30pm - 4.30pm 8 Mar - 26 Apr	7 weeks
OR		
Distance NUT023DL		7 weeks 4 Mar - 28 Apr

Wellness Coaching Skills		\$695 (Incl. GST)
Saturday WEL002SAT	1.00pm - 5.00pm 9, 23 Mar, 6 Apr, 4, 18 May & 1 Jun	Intensive
OR		
Distance WEL002DL		12 weeks 4 Mar - 2 Jun